

Carolyn Hunter

MOTHER  
AUTHOR  
KINDNESS COACH





I am Carolyn Hunter, native to our Nation's Capital, Washington D.C. I am happily married to my husband of thirty-three years, mother of our four beautiful children and "Mimi" to our five beautiful grandbabies. My passion for all things kindness has earned me the most endearing and humbling titles such as "Kindness Coach", "Kindologist" and "Ambassador of Kindness" by our Kindness Family Facebook followers @A Message from MacKzie, where my little dog MacKzie and I share inspirational messages of kindness and positivity. Our followers, affectionately known as "MacKzie's Kindhearts" are fast approaching a 3000 follower milestone and ever growing. It is my

**"AMBASSADOR OF KINDNESS"**

mission to help change the trajectory of a world grown numb to the emotions, basic needs and rights of others by offering lessons of a better perspective through a kinder and more empathetic approach to life's everyday experiences; I am thankful our Facebook page @A Message from MacKzie gives us a platform to do just that.

In addition to God and family, my passions are children, dogs, writing, and kindness. With over twenty-five years experience as an Early Childhood Edu-

cator, I understand the importance of promoting and nurturing healthy self-esteem, positive self-image and inclusion in young children, especially during their most critical period of growth and development. I am intentional in my lessons shared in hope they will become lessons learned and instrumental in ultimately making our world a kinder place, as kind children most often become kind adults. I believe my “call to action” during this global pandemic was birthed through my disheartening witness of poor adult behaviors and cavalier approach to the virus, as well as the dismissal of seemingly all concepts of a united front amidst this pandemic, all being demonstrated before the eyes of our children during the most critical and unprecedented event of our times. I saw the need to teach children about COVID-19, infection control through personal and public safety practices, the importance of unity, kindness and empathy towards others, especially in times of hardships. The gross mishandling of this pandemic on all levels caused me to channel my experience in Early Childhood Development, my certified, virtual Coronavirus courses, (Johns Hopkins University COVID-19 Contact Tracing , Universi-

I AM KNOWN AS A KINDOLOGIST  
BY MY FACEBOOK FOLLOWERS.



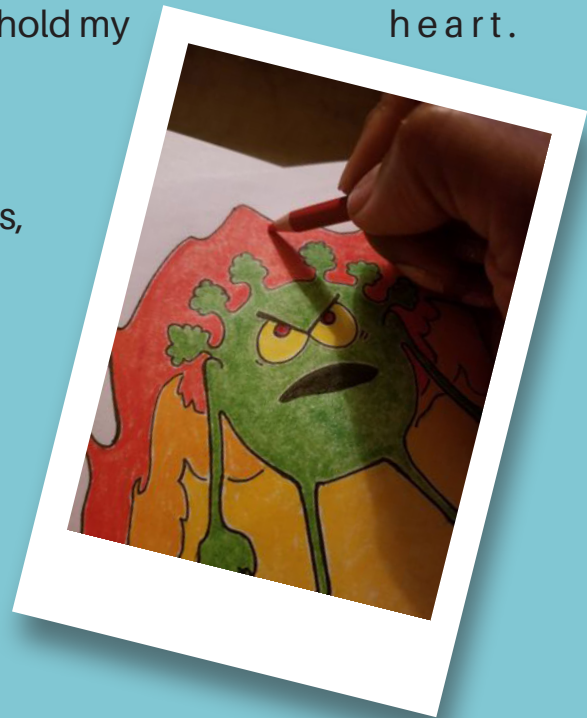
ty of Toronto Mind Control: Managing Your Mental Health During COVID-19, The University of North Carolina Chapel Hill Epidemiology: The Basic Science of Public Health), as well as my mission of kindness into a creative way of diffusing these poor adult examples. I was compelled

to reiterate the Early Childhood lesson to “make good choices”; so I wrote and illustrated “Mean, Mean COVID-19!”

Scripture questions in Zechariah 4:10, “Who has despised the day of small things?” Certainly not I, it’s what I live for. How rewarding it is to discover the most amazing gifts of revelation in the sim-

plest and most whimsical demonstrations! That’s how I am Divinely led to write my small books with big messages. My books speak to the purity, and innocence and goodness that lives within our hearts. I pray that my heartfelt love, kindness and good will printed on every page and infused in every illustration of this humble little book prove to be an example and an inspiration to you and your young reader in the most impactful, positive and memorable way. It is my hope that we will become fast friends on the first page and forever family by the last, for as you hold this book, you hold my heart. Happy Reading!

Peace and Blessings,  
Carolyn Hunter

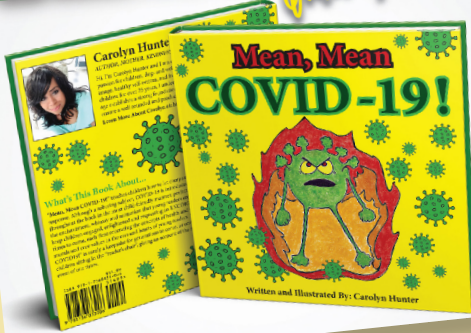


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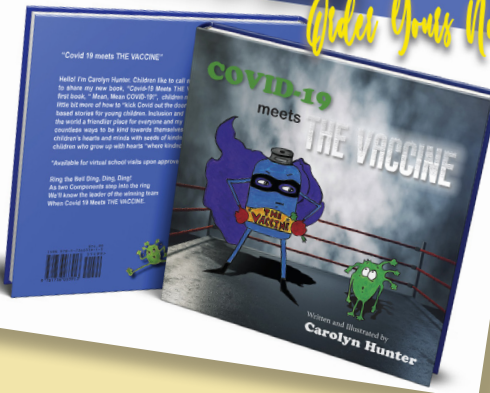
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